

LaBelle Garden Club Meeting Recap – Monday, March 24, 2025

TYPES OF COMPOSTING

- [LEAF MOLD](#) 45 seconds
- [TRENCH](#) 1 minute
- [LASAGNA / LAZY](#) (David the Good) 19 min, includes dry humor
- [HOT “HOUSE”](#) (Anne of All Trades) 17 min, includes composting basics
- [IN-BED WORM COMPOSTING](#) (Angela Judd) 6 min overview

TYPES OF IN-BED CONTAINERS

- [12x12 MESH](#) plus example video: [Harvesting Castings](#), 22 seconds
- [MESH WASTE BASKET](#) – plus video: [Dollar Tree Version in the Garden](#) 57 seconds
- [TERRACOTTA POT](#) – The Zen Hen (Tampa), 75 seconds
- [IRRIGATION VALVE OR 2-GAL BUCKET](#) – Epic Gardening, watch first 3 minutes
- [5-GALLON BUCKET](#) – The Millennial Gardener, 18 min

TYPES OF ACCELERATORS

- Rich soil or compost (like a microbe “starter”, always save a little!)
- Probiotic [EM1](#) – Stack’s Urban Harvest, 8 min (mitigates White Fly and Powdery Mildew!)
- Yogurt (Used [here](#), Bucket Composting on a Balcony, skip to 5:06)
- Fermented rice water
- [Biochar](#)

POWER OF WORM CASTINGS & FRASS (Worm Poo)

- Compost is like healthy eating, castings are like a super vitamin/mineral
- [FRASS VS NEMATODES](#) – Stack’s Urban Harvest (skip to 10:30 for the FRASS PART!!)
- [How & Why of Worm Casting TEA](#) (Article) [Jump to Recipe](#)

ARTICLES & IN-DEPTH VIDEO ON IN-BED VERMI-COMPOSTING

[In-Bed Vermicomposting, Composting & Water Conservation 101 \(FULL CLASS RECORDING\)](#) – Master Gardener Angela Judd (watch first 19 minutes for IN-BED VERMICOMPOSTING)

[Vermicomposting Made Easy: In-Bed Worm Composting - Growing In The Garden](#)

[What to Feed Worms in Worm Bins - Growing In The Garden](#)

[In-Bed Vermicomposting: FAQ - Growing In The Garden](#)

EXTRAS:

[COMPOST INSIDE THE POT WITH A PLANT](#) (Harvest when you repot!) – Y Garden, 48 seconds

[DIY WORM FARM – PERFECT METHOD FOR FLORIDA](#) – The Urban Harvest (Tampa), 9 min

[INDOOR TRIPLE BUCKET VERMICOMPOSTING](#) – Hollis Farms LLC, 8 min

[7 Homemade Fertilizers You Can Make Today](#) – Includes COMPOST TEA & USED COFFEE GROUNDS FERTILIZER) – Tiny Garden Habit (Article)

Don't throw away those used coffee grounds. Transform them into an organic liquid fertilizer!

You'll Need:

- ✓ Coffee grounds, sugar & yeast
- ✓ Warm water & a bottle

Easy Steps:

- 1 Activate yeast in warm water
- 2 Mix everything together
- 3 Remove air, seal & ferment
- 4 Use diluted for plant nourishment!

Great for flowers, veggies, and indoor plants! Try this natural alternative today!



The infographic is titled "Coffee Liquid Fertilizer" and is divided into two main sections: "Material" and "Method".

Material: This section lists the ingredients and tools needed. It includes: 1 tsp Powdered Yeast (shown in a spoon), 1 tsp Sugar (shown in a spoon), 200g Coffee Grounds (shown in a pile), 1L Warm Water (shown in a glass), and a Plastic Bottle (shown as a water bottle).

Method: This section shows four steps in a sequence: 1. Activate The Yeast: A spoon adds yeast to a glass of water. 2. Mix Ingredients: The coffee grounds, sugar, and yeast mixture are poured into a plastic bottle. 3. Remove Air: Hands are shown squeezing the air out of the bottle. 4. Fermentation Process: The sealed bottle is shown with a sun icon, indicating the fermentation stage.